

# Stroke Detection Plus

South End Landon Area in Hallway Meeting Room

Tuesday, January 5 from 9:00 am – 4:30 pm

Wednesday, January 6 from 11:00 am – 6:30 pm

**Stroke Detection Plus along with the Shawnee County Farm Bureau will offer the following four screening tests at the 2010 Topeka Farm Show.**

**Call 877-732-8258 to schedule an appointment.**

**Fees are--Any 1 test \$40 / Any 3 tests \$100 / All 4 tests \$120**

**1) Stroke:** This screening visualizes the buildup of fatty plaque in the carotid arteries that can lead to stroke, 75% of which could be prevented with screening.

**Risk Factors:** over age 40, high blood pressure, smoking, high cholesterol, diabetes, more than 20lbs. overweight, lack of exercise, family history of stroke or heart disease.

**Warning Signs:** sudden numbness or weakness on one side of the body, sudden loss of vision, sudden confusion or dizziness, sudden severe headaches.

**Stroke Facts:** Strokes are the 3<sup>rd</sup> leading cause of death in America, and the #1 cause of disability and nursing home admissions. The vast majority of stroke victims have no prior warning to their stroke.

**2) Abdominal Aortic Aneurysm:** This screening visualizes the existence of an aneurysm in the abdominal aorta that can rupture and be fatal

**Risk Factors:** Family history, high blood pressure, smoking

**Warning signs:** The vast majority are without symptoms.

**AAA Facts:** New scanning technology has resulted in a tripling of the number of abdominal aortic aneurysms found each year, to about 200,000. Experts estimate that the condition kills about 25,000 Americans each year and possibly more, making it one of the nation's largest killers.

**3) Peripheral Vascular Disease:** This screening checks for blockage in the legs. Abnormal results indicate high risk of coronary artery disease.

**Risk Factors:** Diabetes, high blood pressure, history of coronary artery disease.

**Warning signs:** Numbness, tingling, or pain in the legs, loss of hair on toes and feet, cramping in the legs that is relieved with rest.

**PVD Facts:** 2 million Americans each year are diagnosed with PVD. It is the leading cause of amputations in America.

**4) Osteoporosis:** Screens for abnormal bone mass density in men and women.

Osteoporosis is silent and painless until bone fractures occur. Early treatment is painless and effective.

**Risk Factors:** History of fracture, family history of osteoporosis, low calcium intake, lack of exercise, tobacco use.

**Warning Signs:** People may not know they have it until their bones weaken so much that a strain, bump, or fall causes a fracture, or a vertebra to collapse. Collapsed vertebra may initially feel like severe back pain.

**Osteoporosis Facts:** Osteoporosis and low bone mass are a major public health threat for approximately 55% of Americans age 50 and older, according to new figures released by the National Osteoporosis Foundation.